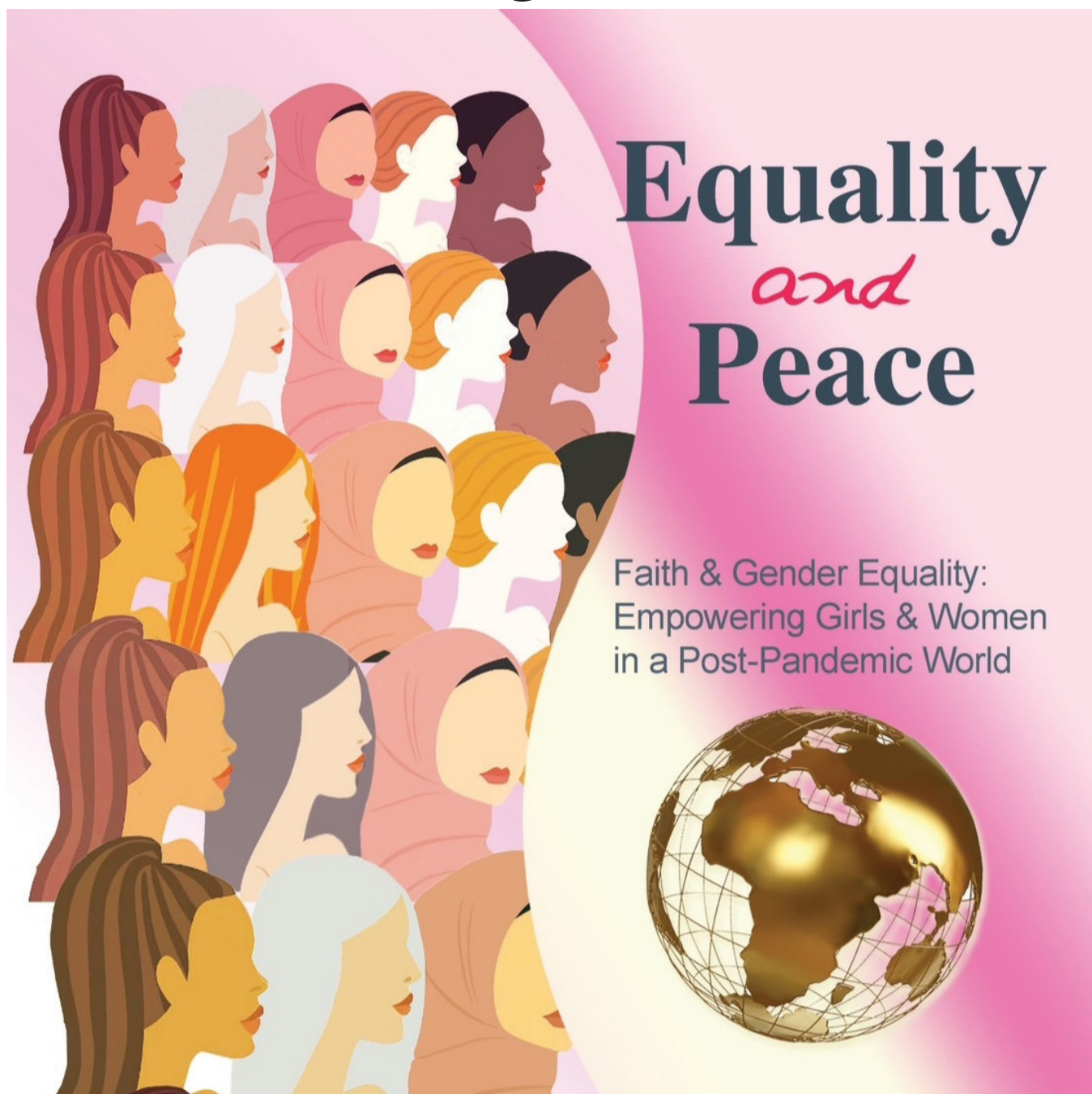


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## Buddha's Light New York



Edition #11

July - August 2023

Welcome to the 11th issue of Buddha's Light New York Bimonthly Magazine!

Every two months, we'll be giving you a glimpse into what Buddha's Light International Association has been working on.

From March to April, BLIA has made great efforts toward the equality and well-being of the global and local faith community.

We participated in the CSW67 Annual Meeting, hosted the side event to discuss about "Faith & Gender Equality: Empowering Girls & Women in a Post-Pandemic World", and more activities that made the world a better place.



## ***BLIA in the Community***



**President:** Jenny Chen  
**Vice Presidents:** Kenneth Jin  
Frank Yao

**Publisher:** Buddha's Light International Association  
**Editors:** I-Kai Lee, Emily Wang, Helen Leong  
**Design:** Fanny Liu  
**Printer:** AMAX Printing, Inc.



## *Equality and Respect*

1. *Equality requires mutual respect for one another.*
2. *Equality is being able to be in each other's position*
3. *Equality because all phenomena arise from causes and conditions.*
4. *The true meaning of equality is the same for one and for all.*

## *Peace and Prosperity*

1. *Promote peace with compassion.*
2. *Promote peace with eradication of self-attachment.*
3. *Promote peace with equanimity.*
4. *Promote peace with mutual prosperity.*

# BLIA Holds 2023 Humanistic Buddhism Speaker Training and Assessment for New York District



Abess Venerable Chueh Lin gives instructions to the examinees

On July 1st, the “2023 Humanistic Buddhism Speaker Training and Assessment” was successfully held at IBPS Deer Park, focused on cultivating home-based talents for Dharma propagation. The event covered written tests and practical presentations for the initial assessment of the New York examination area. Venerable Chueh Lin, the abbot of the FGS NY, led the briefing, with co-assessors Venerable Youlin and Venerable Juechan from FGS NY and FGS NJ. At the end of the assessment, aspiring Humanistic Buddhism Speakers—Zufen Jiang, Xueling Xiao, Jiexin Deng (from BLIA NY), Wenyi Huang (from BLIA Boston), and Mingsheng Chen (from BLIA DC)—shared insights through foundational Buddhist studies tests and lectures, showcasing their years of experience in Humanistic Buddhism.

Venerable Chueh Lin encouraged every Humanistic Buddhism Speaker not only to share the beautiful Dharma with the world but also to follow the teachings of the Venerable Master Hsing Yun, "propagating Humanistic Buddhism across the five continents" and "connecting with the public, integrating the Dharma into daily life practice, finding direction through conversations with the public, and becoming warm-hearted practitioners of Humanistic Buddhism."



Examinees think carefully and take the written test



Zufen Jiang gives a presentation sharing her experience in Humanistic Buddhism test



The assessors and the examinees listen to the presentation

# Chinese Knotting Course at FGS NY's Chinese School Sparks Children's Imagination

From July 5th to August 11th, the Fo Guang Shan Buddhist Temple of New York hosted a summer class. One of the courses featuring Chinese knotting was instructed by local Fo Guang member Chunying Bei Lai. The class focused on various techniques like braiding, double-sided square knots, single-sided square knots, and chain knots. Ms. Bei Lai, with over 20 years of expertise in Chinese knotting, expressed happiness in contributing to Fo Guang Shan's Three Acts of Goodness education initiative.

On July 28th, Ms. Bei Lai and her family visited the temple to teach the children the art of "chain knotting." Through her instruction in Chinese cultural art, the kids not only gained insight into Chinese culture and heritage



Students practice to tie the chain knot



Ms. Bei Lai teaches students how to do Chinese knotting

but also cultivated seeds of Buddhist teachings in their hearts. Ms. Bei Lai expressed gratitude for the positive karmic connection she formed with Fo Guang Shan, recommended by the abbot and fellow venerable. This connection has enabled her family to become a harmonious Buddhist household, with her efforts leading her children to understand the symbolism of Chinese knotting. Learning together enhances patience, as creating Chinese knots harmonizes the rope and the practitioner's pulse, fostering patience in children's learning process.



Ms. Bei Lai and her family coming to help teach the students

# Scout Leaders Receive Training to Enhance Values and Mission

On July 8th and 9th, BLIA NY organized a "Leadership Training and Consensus Conference" for young male and female scouts, as well as scout leaders and committee members. They invited Venerable Chueh Duo, the Guiding Venerable of Chung Hwa BLIA-Scout and Deputy Secretary-General of the BLIA Taiwan, Venerable Chueh Lin, the Abbot of FGS NY, Venerable Youlin, the Superintendent of FGC NY and Guiding Venerable of BLIA-Scout NY, and former Scoutmaster of the Buddha's Light Scout Group, Chen Liwern, to give lectures. Together, they led the leadership teams in discussions on topics such as "Strength Comes with Responsibility," "What Can I Do for You," and "Consensus and Openness."



The Venerables and scout leaders gather together to receive training

The three virtues of "wisdom, compassion, and courage" in scouting align with the Buddhist principles of Prajna (wisdom), Karuna (compassion), and Bodhicitta (the mind of enlightenment), as well as the Three Acts of Goodness: "Do good deeds, Speak good words, and Have good thoughts." This alignment reflects the intention to nurture moral values and ethics among young boys and girls, aiming to shape them into contributing members of society. The venerables not only listened attentively but also provided immediate answers to questions and guidance for future plans.

After the training, the young scout leaders expressed profound gratitude for the venerables' teachings. They felt that the course provided them with a deeper understanding of the principles and core values of the BLIA Scouts. They also likened the Fo Guang Shan organization to a mighty tree, while the scout group was just a small part of it, and the treasures they could uncover seemed boundless!



Scout leaders receive formation training



Scout leader gives a presentation



Venerable Jueduo, the supervisor and Deputy Secretary-General of the BLIA gives lessons to the scout leaders



Scout leaders gives presentations



Scout leader Michael shares his thoughts regarding the training

# BLIA NY Participate in the 2023 BLIA North America Fellowship Meeting



Everybody is full of joy participating in the solemn Five Precepts and Bodhisattva Precept Ceremony at the beautiful Hsi Lai Temple

From July 14th to 16th, the 2023 BLIA North America Fellowship Meeting was held in Los Angeles. A total of 15 Venerables and BLIA members, including Venerable Chueh Lin, the Abbot of the New York temple, participated in this grand event. During the assembly, Venerable Chueh Lin offered the attendees Master Hsing Yun's inspiring words, "Being moved is the most beautiful thing in the world," emphasizing the power of touching hearts. She also highlighted that the success of the North America Fellowship Meeting was made possible by the collective efforts of everyone involved.



BLIA members from New York & New Jersey prepare to participate in the Five Precepts & Bodhisattva Precept Ceremony at Hsi Lai Temple



The Venerables and BLIA members gather together in Los Angeles for the 2023 BLIA North America Fellowship Meeting



At the meeting, BLIA NJ President Zhenbang Tong presented a compelling report on Dharma propagation in the Eastern U.S. His engaging presentation underscored how, despite the master's passing, his teachings still guide the global dissemination of Buddhism.

Before the meeting, Hsi Lai Temple conducted a Five Precepts and Bodhisattva Precept Ceremony, which left participants filled with joy and emotion. Whether it was the solemn and grand precept ceremony or the picturesque scenery of Hsi Lai Temple, both deeply touched everyone. The participants also pledged to be accountable for their future words and actions, striving to practice the "Three Acts of Goodness and the Four Kinds of Giving."

In conclusion, Venerable Chueh Lin expressed renewed gratitude for the fruitful fellowship meeting. She encouraged BLIA members to learn from this experience, enhance themselves, and contribute to others. She also invited everyone to meet again at the upcoming October members' assembly.



# Pumen High School Hosts American Lifestyle Experience Camp, Creating Natural Learning Environment

From July 18th to 28th, Kaohsiung Pumen Senior High School held the 2023 "American Lifestyle Experience Camp." Students engaged in cultural exchanges with North American Fo Guang youth, exploring topics like travel, pop culture, and American campus life to naturally enhance English communication. The camp involved 62 second-year middle school students from Pumen High School, aided by 11 senior three students as team assistants. Additionally, 15 North American Fo Guang youth, as young as 12, continued as teaching assistants after the International Fo Guang Youth Conference.

Pumen High School's Chairperson, Venerable Hui Chuan, emphasized the value of Master Hsing Yun's teaching "Never forget your original intention." To

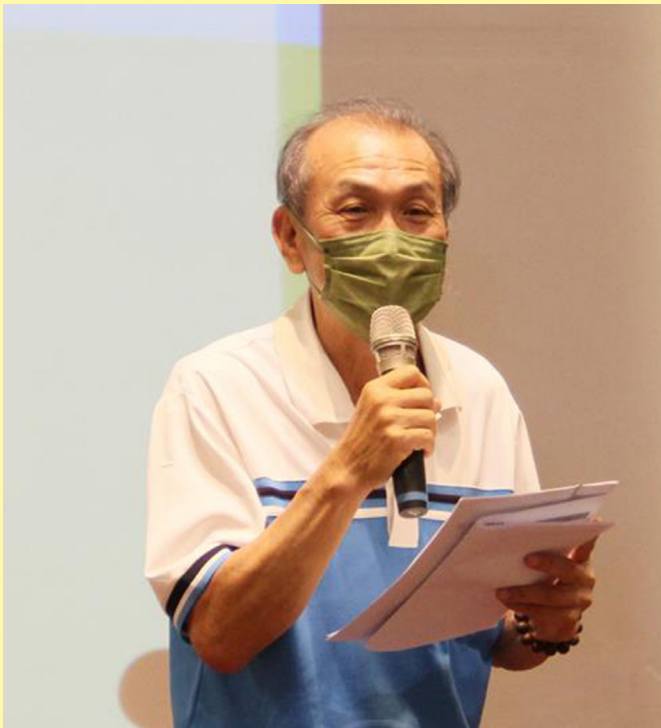


Pumen High School's Chairperson, Venerable Hui Chuan, share his thoughts

truly succeed, an idea must be not only in the "heart" but also practically realized. This exchange originated from a concept years ago and was brought to life by BLIA members and the YAD youth. Principal Wen-Jun Wang aimed to create a natural



From July 18th to 28th Kaohsiung Pumen Senior High School hold the 2023 "American Lifestyle Experience Camp"



BLIA NY President Jenny Chen, and Pumen High School's Principal Wen-Jun Wang share their thoughts regarding to Buddha's teaching and the "American Lifestyle Experience Camp"

English learning environment within the school, acknowledging not everyone can study abroad. BLIA NY President, Jenny Chen, noted the global education trend of fostering vitality, aligning with the essence of the "Three Acts of Goodness" and "Four Kinds of Giving" advocated by Venerable Master Hsing Yun. The North American Fo Guang youth staying after the International Fo Guang Youth Conference exemplify coordination and cooperation in line with these teachings.



North American Fo Guang youth gives a class to Pumen High School students

# Interfaith Collaboration for Health Equality: NYU's 2nd Annual IEHE Faith Forum



Opening scene is shown and the welcome remarks are given by Dr. Moses Mansu and other leaders



Localization Team member I-Kai Lee exchanges information and takes photo with the Organizer Dr. Moses Mansu

On July 11th, representative from Fo Guang Shan Buddhist Temple of New York's Localization Team participated in the 2nd IEHE Faith Forum organized by New York University's Grossman School of Medicine (NYUGSOM) and NYU Langone Health Institute for Excellence in Health Equity (IEHE). Religious leaders and their representatives from various world religions, along with researchers from New York University, gathered to listen to presentations arranged by the latter. The event aimed to promote various medical screening and treatment programs offered by New York University through religious leaders in the city. The organizers hope to leverage the influence of religious leaders to bridge the gap between communities and healthcare services, addressing healthcare inequalities faced by vulnerable populations. We believe that religious leaders serve as central figures in their respective communities and have a strong grassroots presence. Leveraging these trusted relationships, religious leaders can effectively disseminate scientifically accurate health information to their communities, contributing to the achievement of substantive equality.



Professor Marie Homsli advocates for the NYUGSOM-Immigrant Communities Hearing Loss Screening program



# Representatives from FGS NY participate in UNESCO-UNFCCC Webinar to Learn about Climate Change Education

On July 25th, Venerable Youlin and a representative from Fo Guang Shan Buddhist Temple of New York attended a UNESCO-UNFCCC conference on climate change education aiming at how can schools collaborate with communities. Mayor Martin Gill from Villa Maria, Argentina, and teacher Edson Dongo from “Teach For Zimbabwe” delivered keynote speeches, highlighting effective communication as the key to successful partnerships between schools and communities. They stressed

Recording Sign in



**NEXT WEBINAR/PROCHAIN WEBINAIRE/PRÓXIMO SEMINARIO WEB**  
12 September 2023/12 septembre 2023/12 de septiembre de 2023  
10:00 CEST



**How can transformative learning environments shape the learning content?**  
Discusses how these reflections on school facilities and operations, school governance and community engagement can be widened into teaching and learning on climate change to ensure holistic learning environments where learners can live what they learn and learn what they live.

**Comment les environnements d'apprentissage transformateurs peuvent-ils façonner le contenu de l'apprentissage?**  
Il examine comment ces réflexions sur les installations et le fonctionnement des écoles, la gouvernance scolaire et l'engagement communautaire peuvent être élargies à l'enseignement et à l'apprentissage sur le changement climatique afin de garantir des environnements d'apprentissage holistiques dans lesquels les apprenants peuvent vivre ce qu'ils apprennent et apprendre ce qu'ils vivent.

**¿Cómo pueden los entornos de aprendizaje transformadores configurar el contenido del aprendizaje?**  
Analiza cómo estas reflexiones sobre las instalaciones y el funcionamiento de las escuelas, la gobernanza escolar y el compromiso de la comunidad pueden ampliarse a la enseñanza y el aprendizaje sobre el cambio climático para garantizar entornos de aprendizaje holísticos en los que los alumnos puedan vivir lo que aprenden y aprender lo que viven.climático.





**Fiona Carnie**

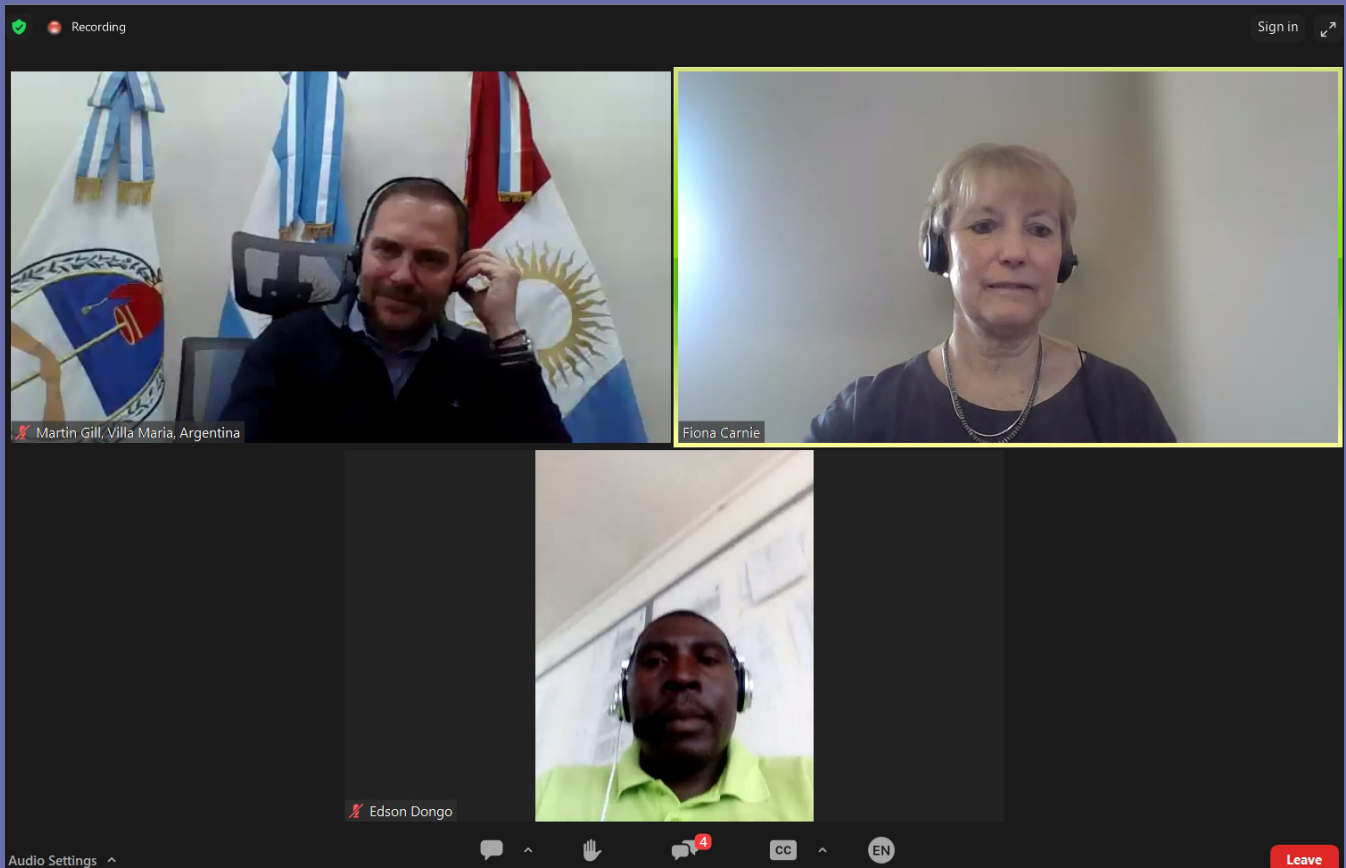
**Project Lead, Bristol Education Partnership, UK**

**Cheffe de projet, Bristol Education Partnership, le Royaume-Uni**

**Jefe de proyecto, Bristol Education Partnership, Reino Unido**



Fiona Carnie, the Moderator, introduces herself



Martin Gill shares his view regarding the importance of school being a model role in to fight against climate change the importance of involving students in local extracurricular activities beyond the classroom and encouraging parents' active engagement in school events. Both speakers underscored that schools, as knowledge hubs, should take the lead in practicing and promoting environmental sustainability within their communities. We thought that effective communication was the wellspring of idea dissemination. Schools, being intellectual centers, play a crucial role in advancing environmental awareness. Students and parents act as intermediaries, responsible for spreading innovative environmental knowledge throughout their communities. Hence, schools should host more extracurricular activities to create a link with communities, while communities should provide support and active participation.

A banner for a series of climate change education webinars. The banner features the UNESCO logo on the left and the United Nations Climate Change logo on the right. The main text reads 'Programme of the Series/Programme de la série/Programa de la serie'. Below this, there are two event cards. The first card is for '12 September 2023/12 septembre 2023/12 de septiembre de 2023' at '10:00 CEST', with the topic 'Webinar 4: How can transformative learning environments shape the learning content?' and its translations in French and Spanish. The second card is for '31 October 2023/31 octobre 2023/31 de octubre de 2023' at '12:30 CET', with the topic 'Webinar 5: Getting ready to promote greening schools at COP28' and its translations in French and Spanish.

A series of climate change education webinars is scheduled

## Representatives from FGS NY Participate in Interfaith Peace Gathering Commemorates Hiroshima and Nagasaki Bombings, Promotes World Peace

On August 9, Venerable Youlin other representatives from Fo Guang Shan Buddhist Temple of New York went to Church Center of the United Nations for the 30th Annual Interfaith Peace Gathering” organized by Heiwa Peace and Reconciliation Foundation of NY to commemorate the Hiroshima and Nagasaki Atomic Bombings and world peace. Peace messages from all around the world was sent, and Venerable Youlin offering Buddhist prayers on behalf of the Buddhist community, reciting Venerable Master Hsing Yun's "A Prayer for World Peace." Subsequently, the organizers presented Japanese dance, classical music, and vocal performances that were deeply moving. This event showcases the religious community's desire for and pursuit of peace, while also alerting the world to the cruelty of war.together for a harmonious society. YAD member Grace Lin aimed for youth-led change through responsible waste disposal and pollution reduction, fostering a cleaner environment. YAD member Evan Ralske hoped the event would raise awareness, inspire responsible environmental actions, and set an example, promoting an eco-conscious Earth and litter-free ethos for environmental rejuvenation.



The organizer provides participants with solemn Japanese traditional music performances



Venerable Youlin offers a prayer representing the Buddhist community using Venerable Master Hsing Yun's "A Prayer for World Peace"



Heiwa Peace and Reconciliation Foundation of NY holds the 30th Annual Interfaith Peace Gathering"



The 2023 BLIA North America Fellowship Meeting commenced on July 14th in Los Angeles

## 2023 BLIA North America Fellowship Meeting Commenced on in Los Angeles

The "2023 BLIA North America Fellowship Meeting" commenced on July 14th in Los Angeles and lasted for three days. This year's event was organized by the Buddha's Light International Association World Headquarters (BLIA World Headquarters), and institutes-in-charge are Nevada and Los Angeles chapters. Nearly 700 BLIA members from 26 chapters participated in the meeting. The participants deepened their bonds and encouraged one another based on the compassionate aspirations of Venerable Master Hsing Yun, the founder of Fo Guang Shan. They also made a commitment to gather in Texas in 2025.

During the opening ceremony, Most Venerable Hsin Bau, the President of BLIA World Headquarters, expressed that this year's Fellowship Meeting focuses on expressing gratitude to Venerable Master Hsing Yun, and enhancing the bonds among Fo Guang members. He also acknowledged the contributions made by Fo Guang members in practicing the Three Acts of Goodness and the Four Givings, as well as their efforts in promoting world peace. Most Venerable Hsin Bau delivered a keynote speech with the theme "Perceiving the arising and ceasing of the world," urging Fo Guang members to contemplate the reality of life through the twelve links of dependent origination and elevate their lives while facing the impermanence of all phenomena.

Most Venerable Hsin Ting, the Director of BLIA World Headquarters, used his calligraphy, which means, "Fo Guang Shan propagate Dharma to the west, diligently planting the seeds of Bodhi. After the Buddhists' strive, the Dharma is spreading everywhere." Most Venerable Hsin Ting offers blessings for the successful holding of the Fellowship Meeting.

Most Venerable Hsin Ting pointed out in his keynote speech that the Buddha, during meditation, observed the twelve links of dependent origination through the "Cessation." He encouraged Fo Guang members to remain their six faculties unaffected by sense objects in their lives, diligently practice the Noble Eightfold Path, and cultivate wisdom.

Hawa Diallo, Chief of the Civil Society Unit at the Civil Society and Advocacy Section, UN Department of Global Communications, stated that BLIA officially became a member of the United Nations Non-Governmental Organization (NGO) in 2003. BLIA is an indispensable and valuable partner in promoting the well-being of all people alongside the United Nations. Diallo emphasized the significance of BLIA and expressed great anticipation for future collaboration.

Among the guests attending this Fellowship Meeting were Anabel Cuevas, representing U.S. Congresswoman Linda Sánchez, Bob Archuleta, California State Senator, Allen Wu, Mayor of Walnut, California, and John Wu, Vice Mayor of San Gabriel, California. During their speeches, these guests recognized the contributions of BLIA to society and presented certificates of appreciation.



Most Venerable Hsin Bau delivered a keynote speech with the theme Perceiving the arising and ceasing of the world



Most Venerable Hsin Ting encouraged Fo Guang members to remain their six faculties unaffected by sense objects in their lives

The Fellowship Meeting also hosted a forum with the theme "Remembering and Commemorating Venerable Master Hsing Yun." Venerable Hui Dong, BLIA HQ Vice Secretary General America West, served as the moderator and invited four speakers to share the impact Venerable Master Hsing Yun had on them and express their aspirations to carry on Venerable Master Hsing Yun's spirit.

Another forum focused on the report on reading "The Complete Works of Venerable Master Hsing Yun," with Venerable Yong Gu, BLIA HQ Vice Secretary General America East, as the moderator. Venerable Yong Gu mentioned that "The Complete Works of Venerable Master Hsing Yun" consists of 395 volumes and was written for everyone. Venerable Yong Gu expressed the hope that everyone could appreciate Venerable Master Hsing Yun's aspirations and understand the true meaning of these works. The four speakers shared their inspirations gained from reading Venerable Master Hsing Yun's works.

In the event "Night of Buddha's Light: Praise for Venerable Master Hsing Yun," Fo Guang members from various chapters came together to sing "Sounds of the Human World" and recite poems as a way to commemorate Venerable Master Hsing Yun. The highlight of this event was a joint performance by North American venerables, singing "Sangha as the Path." To everyone's surprise, Most Venerable Hsin Ting took the stage to chant verses by the Sixth Patriarch and other Buddhist songs. The audience responded with enthusiastic applause and requested an encore.

The Fellowship Meeting also featured the screening of "Starlight and Clouds Illuminate North America," which guided Fo Guang members to follow in the footsteps of Venerable Master Hsing Yun's propagation efforts. Through the film, participants virtually visited nearly 30 Fo Guang Shan temples and centers in North America.

During the Fellowship Meeting, three designated photo areas were set up for participants to take memorable photos. Additionally, a cloud-based photo wall was created, allowing Fo Guang members to upload their photos in real-time, which were then displayed synchronously at the venue. Members could see each other's

smiling faces, creating a joyful and lively atmosphere.

On the 16th, Hsi Lai Temple (I.B.P.S.) held the Ullambana Offering to the Sangha Dharma Service, where a hundred venerables received offerings. This provided an opportunity for the devotees in North America to make offerings to the venerables of Fo Guang Shan temples and centers.

The honored guests attending the Fellowship Meeting included Venerable Miao Xi, Chairperson of the International Development Committee of BLIA World Headquarters; Chen Ju, Chief Financial



Hawa Diallo(left), Chief of the Civil Society Unit at the Civil Society and Advocacy Section, UN Department of Global Communications emphasized the significance of BLIA.



Venerable Hui Dong(left) invited four speakers to share the impact Venerable Master Hsing Yun had on them.



Hsi Lai choir performed at the event Night of Buddha's Light Praise for Venerable Master Hsing Yun.

Officer of BLIA World Headquarters; Lydia Chao, Director of BLIA World Headquarters; Wang Jia Pei, Director of BLIA World Headquarters; Zhao Yuan Xiu, representative of Yixing Da Jue Temple, the ancestral temple of Fo Guang Shan; He Mei Bau, Chairperson of the United Nations Affairs Committee of BLIA World Headquarters; Wang Ke Qian, Chairperson of the Western United States Liaison Committee; Li Xing Ling, Vice Chairperson of the Eastern United States Liaison Committee; and Minh-Hoa Ta, President of University of the West.

The next BLIA North America Fellowship Meeting is scheduled to be held in 2025, and institutes-in-charge are Dallas Chapter, Houston Chapter, and Austin Chapter in Texas. At the closing ceremony of this year's event, members of these chapters, dressed in cowboy attire, performed a dance and declared, "We are ready!" making a collective pledge to meet again at the next meeting.



The honored guests gave speeches during the opening ceremony.



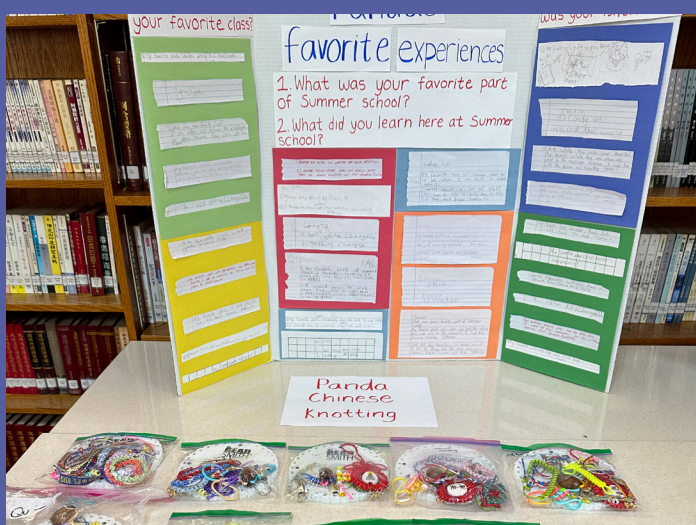
Members of Dallas, Houston, and Austin chapters making a collective pledge to meet again at the next meeting



Venerables singing Sangha as the Path.

# 2023 Summer Class Graduation Ceremony and Achievement Exhibition

On the afternoon of August 11th, the FGS NY's Chinese School held the "2023 Summer Class Graduation Ceremony and Achievement Exhibition." Nearly 130 parents and students participated in both static and dynamic displays of their learning outcomes. The six-week summer class introduced new outdoor community learning experiences. In addition to Chinese language courses, activities like sports, science, painting, dance, chess, snack making, and Chinese knotting were included, allowing children to learn happily and easily.



Children's artworks are exhibited during the event



Abbess Venerable Chueh Lin creates artwork with the children

The exhibition showcased various works by students, including performances like Chinese dance, the "Three Acts of Goodness" dance, singing, and drama. The theme promoted the spirit of "Three Acts of Goodness" advocated by Venerable Master Hsing Yun, which children recited as "Do good deeds, speak good words, think good thoughts." To conclude, Emily, the CEO of the Chinese School performed a touching sign language song, "Thank You," expressing genuine emotions and moving the audience.

Abbot Venerable Chueh Lin noted that over the summer, students improved their artistic literacy while nurturing creativity, expressiveness, and imagination. These qualities will undoubtedly shine on their future paths of growth.



Children exhibit their talent and play dramas to their parents and the venerables





Venerable Chuehrang and Fo Guang members gather at the Bags Info Booth orchard for peach picking

## VegRun and Midsummer Peach Picking: A Nature-Loving Adventure

On August 12th, the BLIA Edison Subchapter, the Flushing 1st Subchapter, and the Long Island Subchapter organized a one-day excursion titled "VegRun and Midsummer Peach Picking" in New York. Over 50 participants joined in the joyful event.



As the first light of dawn broke, everyone gathered at Fo Guang Shan Buddhist Temple of New York with hearts full of joy to embark on a journey to visit the FGS NJ and then to the Bags Info Booth orchard for peach picking. In the words "Summer is splendid, so pick peaches early," the orchard was a delight with its ripe, fragrant peaches hanging from the trees. After the fruitful harvest, the Fo Guang members gathered at the Freehold Raceway Mall food court for a vegetarian meal, contributing to environmental conservation and reducing global warming.



All participants have a joyful and rewarding experience

Members expressed gratitude to the BLIA for organizing such an event, allowing everyone to not only connect with nature but also experience the warmth of the Fo Guang family. They all look forward to future gatherings like this one!



Participants visit the first stop--FGS NJ

# Expert Dr. Yang Yuan-Han Discusses Latest Alzheimer's and Dementia Management in New York



Dr. Yang's Lecture is conducted both in person and online, attracting nearly a hundred attendees

On the afternoon of August 19th, Dr. Yuanhan Yang, Director of Neuroscience Research Center at Kaohsiung Medical University and Kaohsiung Municipal Ta-Tung Hospital, and Chairman of the Chinese Mentality Protection Association, held a medical lecture titled "Latest Alzheimer's and Dementia Management" at the Bodhi Hall on the 3rd floor of the FGS Buddhist Temple of New York. The lecture was conducted both in person and online, attracting nearly a hundred attendees, who gained valuable insights into dementia and greatly benefited from the event.



The Venerables are delighted gaining valuable insights into dementia and greatly benefited from the event

Dr. Yuanhan Yang had a profound connection to life since his first encounter with the Diamond Sutra at the age of 18. This inspired his research into "consciousness" science and "Buddhism." Alzheimer's disease, an irreversible progressive brain disorder, has two types: early-onset and late-onset, both associated with genetics. Risk factors for dementia include midlife and late-life hypertension, diabetes, and atrial fibrillation. Due to the limitations of drug therapy, non-pharmacological treatments like calligraphy, meditation, and physical exercise can help alleviate dementia.



Doctor Yang gives lecture to the Venerables and Fo Guang members

After attending the lecture, Fo Guang members expressed joy in learning about the latest dementia management techniques. They emphasized that the best way to prevent diseases is through "aspiration, diligent learning, and joyful letting go," encouraging active participation in activities to enhance brain function. Finally, Abbot Ven. Chueh Lin and Vice President of BLIA NY Frank Yao presented tokens of appreciation to Dr. Yuan-Han Yang for his presentation.



Dr. Yang and his families take pictures with the Venerables of FGS NY and BLIA NY members



# 佛光山紐約道場

Fo Guang Shan New York Temple



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